



# Prodigest

A Probiotic Combination

## Presentation

Prodigest Capsule: Each capsule contains combination of 10 billion organisms of *Lactobacillus Acidophilus NCFM* and *Bifidobacterium Lactis HN019*.

## Description

Prodigest is a unique freeze-dried probiotic blend of *Lactobacillus Acidophilus NCFM* and *Bifidobacterium Lactis HN019* that supports digestive. Both the strains have strong binding affinity to Gastric Epithelial Cell and reside there. Extensive in vitro and in vivo studies support the health benefit of these strains.

*Lactobacillus Acidophilus NCFM* - It is the most researched strain of the Acidophilus species. It has proven effectiveness in many areas of gastrointestinal and general health including diarrhea, antibiotic-associated gut disturbances, Irritable Bowel Syndrome (IBS) and immune function. It improves IBS related pain and bloating. It alleviates diarrhea and antibiotic associated diarrhea in both children and adult. It also improves constipation and lactose intolerance. In addition, it was found effective to improve Immunity.

*Bifidobacterium Lactis HN019* - It is proven to reduce colonic transit time which effectively relieves occasional constipation. It also significantly modulates gut microflora to ease digestive discomfort. Moreover, it can increase the immunity through enhancing the activity of circulating natural killer (NK) cells in the body.

## Indications and Uses

supports digestive health and relieves constipation.

## Dosage and Administration

1 capsule daily with a meal. May be increased up to 2 capsules/day if required. In children unable to swallow the capsule - the content of the capsule can be mixed in a glass with water, juice or normal milk to drink.

## Contraindications

The drug is contraindicated if patient has any hypersensitivity to it.

## Precautions

Consult your physician before using the product if you are pregnant, nursing or trying to conceive.

## Side-effects

Generally safe for most of the people but some may feel stomach gas and bloating.

## Use in Pregnancy and Lactation

If pregnant or nursing, consult with your physician before using this product.

## Drug interactions

There is no known drug interaction.

## Storage

Do not store above 25 °C. Protect from moisture and keep away from light and out of the reach of children.

## Over dosage

There is no significant effect on over dose.

## Commercial Pack

Prodigest Capsule: Each box contains 5 Alu-Alu blister strips of 4 capsules.



Manufactured by  
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