

Budemet[®] 100, 200 & 400 Convicap

Budesonide and Formoterol Fumarate Dihydrate

Presentation

Budemet® 100 Convicap: Each capsule contains Budesonide BP 100 μg and Formoterol Fumarate Dihydrate BP 6 µg inhalation powder

 $\text{Budemet}^{\, \Phi} \, 200 \,\, \text{Convicap: Each capsule contains Budesonide BP 200} \,\, \mu\text{g and Formoterol Fumarate Dihydrate}$

 ${\tt Budemet}^{\P}~400~{\tt Convicap:}~{\tt Each~capsule~contains~Budesonide~BP~400~\mug~and~Formoterol~Fumarate~Dihydrate}$ BP 12 μg inhalation powder.

Description

Budesonide and Formoterol have different mode of action and show additive effects in terms of reduction of asthma exacerbations. The specific properties of Budesonide and Formoterol allow the combination to be used both as maintenance and reliever therapy, and as maintenance treatment for asthma. Budesonide is a glucocorticosteroid which when inhaled has a rapid (within hours) and dose dependent anti-inflammatory action in the airways, resulting in reduced symptoms and fewer asthma exacerbations. Formoterol Fumarate Dihydrate is a long acting $\beta_2\text{-adrenoreceptor}$ agonist having rapid onset of action.

Indication & Uses

Asthma

Budesonide and Formoterol combination is indicated in the regular treatment of asthma where use of a combination (inhaled corticosteroid and long acting $\beta_2\text{-agonist})$ is appropriate. This includes:

- patients who are not adequately controlled with inhaled corticosteroid therapy and as needed inhaled short-acting β₂-adrenoceptor agonists.
- ullet patients who are already adequately controlled on regular separate long-acting eta_2 -agonist and inhaled corticosteroid therapies.

Budesonide and Formoterol combination is indicated in the regular treatment of adult patients with moderate to severe chronic obstructive pulmonary disease (COPD) with frequent symptoms despite $\beta_2\text{-agonist}$ use and a history of exacerbations.

Dosage and Administration Asthma

There are two alternative dosage regimens for the treatment of asthma with Budesonide and Formoterol combination.

Budemet[®] 100 & 200 Convicap maintenance and reliever therapy

Adults and adolescents (12 years and older)
Maintenance dose: Budemet® 100 & 200 Convicap twice daily

Reliever dose: 1 additional Convicap as needed in response to symptoms. If symptoms persist after a few minutes, an additional Convicap should be taken. Not more than 6 Convicaps should be taken on any single occasion. A total daily dose of more than 8 Convicaps is not normally needed, however a total daily dose of up to 12 Convicaps can be used temporarily.

Children (4 years and older)
Maintenance dose: Budemet® 100 Convicap once daily.

Reliever dose: 1 additional Convicap as needed in response to symptoms. If symptoms persist after a few minutes, an additional Convicap should be taken. Not more than 4 Convicaps should be taken on any single occasion. A total daily dose of more than 4 Convicaps is not normally needed, however a total daily dose of up to 8 Convicaps could be used temporarily.

Budemet® 100 & 200 Convicap maintenance therapy

Adults and adolescents (12 years and older)

Budemet® 100 Convicap: 1-2 Convicaps once or twice daily

Maximum daily maintenance dose: 4 Convicaps (2 Convicaps twice daily).

Budemet® 200 Convicap: 1-2 Convicaps once or twice daily. Maximum daily maintenance dose: 4 Convicaps. (2 Convicaps twice daily).

During worsening of asthma the dose of Budemet® 100 Convicap and Budemet® 200 Convicap may temporarily be increased to a maximum of 4 Convicaps twice daily in adults. ${\sf Budemet}^{\P}400\ {\sf Convicap}: 1\ {\sf ConviCap}\ {\sf once}\ {\sf or}\ {\sf twice}\ {\sf daily}.\ {\sf Maximum}\ {\sf daily}\ {\sf maintenance}\ {\sf dose}: 2\ {\sf ConviCaps}\ (1\ {\sf convicap})$ ConviCap twice daily).

During worsening of asthma the dose of Budemet 400 Convicap may temporarily be increased to a maximum of 2 Convicaps twice daily in adults.

Children (4 years and older)
Budemet *100 Convicap: 1-2 Convicaps twice daily. Maximum daily maintenance dose: 4 Convicaps Budemet 200 Convicap: 1 Convicap twice daily. Maximum daily maintenance dose: 2 Convicaps.

COPD

Adults (40 years and older)

Budemet *200 Convicap: 2 Convicaps twice daily.

Maximum daily maintenance dose: 4 Convicaps

Budemet *400 Convicap: 1 Convicap twice daily. Maximum daily maintenance dose: 2 Convicaps

Side effects

The most common drug related adverse reactions are pharmacologically predictable side effects of β_2 agonist therapy, such as tremor and palpitations. Adverse events which have been associated with Budesonide and Formoterol are Palpitations, Candida infections in oropharynx, Headache, Tremor, Coughing,

Treatment with Budesonide and Formoterol combination should not be initiated to treat a severe exacerbation or if patients have significantly worsening or acutely deteriorating asthma.

Use in pregnancy and lactation

Pregnancy: Budesonide and Formoterol combination should only be used in pregnancy if the potential benefits outweigh the potential risks to the foetus.

Lactation: Administration of Budesonide and Formoterol combination to women who are breastfeeding should only be considered if the expected benefit to the mother is greater than any possible risk to the child.

Contraindication

Hypersensitivity to Budesonide, Formoterol or to Lactose.

Concomitant treatment with Ritonavir, Itraconazole, Ketoconazole or other potent CYP3A4 inhibitors should be avoided

- · Protect from light, store in cool & dry place
- Do not store above 30° C.
- · Keep out of the reach of children Protect from freezing
- Insert the Convicap in the ConviHaler just prior to use to protect from deterioration by moisture

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